

I.K.A National Championships 2019

Saturday the 26th of October

AIS Combat Centre, Leverrier Cres, Bruce, ACT

Competitors report by 8am, Tournament starts 9am

Spectator charges : \$25 for Adults, \$10 for Children - payable at the door.



Divisions may be combined due to a lack of competitors.

See rear for weight divisions & compulsory

safety equipment, **to be supplied by the competitor.**

The Kata and Controlled Contact divisions are MIXED GENDER, with Males and Females competing together. Please ensure you tick whether you are doing the Karate or Kobudo division(s).

Name:		
Address:		
Suburb:	State:	Postcode:
Phone:	E-mail:	
Age at tournament date:	D.O.B:	Weight:
Current Grade:	Started Training:	
Instructor:	Dojo:	IKA Mem No:

DECLARATION

Note: for the purposes of this declaration the words "Independent Kyokushin Alliance" will signify all sub-branches, clubs and other sub groups and or members.

I the undersigned on consideration of, and as a condition of acceptance of my entry in the above event, for myself, my heirs, executors and administrators, hereby waive all and any claims right of cause of action, which I or they might otherwise have arisen out of any loss of life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry in the said event. This waiver, releases and discharges shall be, and shall operate separately in favour of all persons, Independent Kyokushin Alliance, corporations, and bodies involved or otherwise engaged in promoting or staging the event.

Name (print): Date:.....

Signature of applicant and declaration:
(If the applicant is under 18 years of age, the applicant's parent or guardian must sign the application)

Deadline: Friday 18th of October 2019, late entries **NOT ACCEPTED**

Entry fee: \$25 per division.

By signing this form and paying the entry fee the applicant becomes a member of the IKA for the duration of this tournament, and agrees to follow all the rules and regulations accordingly.

Non IKA members return form to Shihan Glen Gibbons, 148 Burrinjuck Cres, Duffy, A.C.T, 2611
Non IKA members make cheques payable to Canberra Martial Arts Academy.

Independent Kyokushin Alliance members, return form and payment to your Instructor.

Full Contact Kumite		Controlled Contact Kumite		Kata	
	Female 8 & 9 Years		Karate		Karate
	Male 8 & 9 Years		Weapons (Bo only)		Traditional Weapons
	Female 10 & 11 Years		7 Years & Under		7 Years & Under
	Male 10 & 11 Years		8 & 9 Years		8 & 9 Years
	Female 12 & 13 Years		10 & 11 Years		10 & 11 Years
	Male 12 & 13 Years		12 & 13 Years		12 & 13 Years
	Female 14 & 15 Years		14 & 15 Years		14 & 15 Years
	Male 14 & 15 Years		16 & 17 Years		16 & 17 Years
	Female 16 & 17 Years		Adults 5th Kyu & Under		Adults 5th Kyu & Under
	Male 16 & 17 Years		Adults Open		Adults Open
	Female 5th Kyu & Under				
	Male 5th Kyu & Under				
	Female Open				
	Male Open				
Weight Divisions					
	Lightweight				
	Middleweight				
	Heavyweight				

Souvenir Competitor Tournament T-Shirt

Not for sale at the tournament, Pre-orders ONLY

Cost is \$35 each, please circle size(s), and write the quantity you would like in the space next to the sizes

Adults: x Quantity (below)

Sizes; XS S M L XL XXL

Children:

Sizes; 6 8 10 12 14

Total paid (include it with your entry fee); \$

Weight Divisions for Full Contact

8 & 9 years Female & Male:	14 & 15 years Female:
Lightweight: under 28kg	Lightweight: under 50kg
Middleweight: 28kg to 33kg	Middleweight: 50kg to 55kg
Heavyweight: over 33kg	Heavyweight: over 55kg
10 & 11 years Female & Male:	16 & 17 years Male:
Lightweight: under 35kg	Lightweight: under 70kg
Middleweight: 35kg to 40kg	Middleweight: 70kg to 80kg
Heavyweight: over 40kg	Heavyweight: over 80kg
12 & 13 years Male:	16 & 17 years Female:
Lightweight: under 45kg	Lightweight: under 60kg
Middleweight: 45kg to 50kg	Middleweight: 60 to 65kg
Heavyweight: over 50kg	Heavyweight: over 65kg
12 & 13 years Female:	Adult Male:
Lightweight: under 40kg	Lightweight: under 70kg
Middleweight: 40kg to 45kg	Middleweight: 70kg to 80kg
Heavyweight: over 45kg	Heavyweight: over 80kg
14 & 15 years Male:	Adult Female:
Lightweight: under 60kg	Lightweight: under 60kg
Middleweight: 60kg to 65kg	Middleweight: 60kg to 70kg
Heavyweight: over 65kg	Heavyweight: over 70kg

Full Contact Protective Gear for U/18's

- to be supplied by the competitor.



Head Gear
For all U/18's



Chest Protector
15 Years and below



MMA Gloves
For all U/18's

Mouth guard: Everyone
Shin & instep pads: Everyone
Groin guard - for males
Breast guards - for females (optional)

Controlled Contact Protective Gear

- to be supplied by the competitor.

Karate Divisions:

Mouth guard
Shin & instep pads
Hand pads or MMA gloves, no bag mitts
(competitors MUST be able to make a correct fist)
Groin Guard - for males
Breast guard - for females (optional)

Kobudo Division:

In addition to all of the above,
Headgear with face cover.

Full Contact Protective Gear for Adults

- to be supplied by the competitor.

Mouth guard
Groin Guard - for males
Breast guard - for females
Must be of a soft type, and cannot cover the solar plexus.
Novice competitors: shin & instep pads OPTIONAL.